

health



AN EXCITING APPOINTMENT

The Rural Health Academic Centre (RHACA) at Ashburton Hospital, funded by Advance Ashburton and the Mackenzie Charitable Foundation has a new Nursing Clinical Lecturer, Karly Smith, appointed by the Otago University.

One of our own, Karly is a registered nurse with post graduate academic qualifications, who has worked at Ashburton Hospital since her graduation.

Karly's nursing ability is multi-faceted. She has had a strong commitment to 'hands on' patient care working in the wards, including the Acute Admitting Unit. She also has a part-time position as a Nurse Educator for the Ashburton & Rural Health Services.

Her new role as a Clinical Lecturer is an exciting, part-time position, which includes helping to run, and participating in, the three-day Rural Interprofessional Simulation Course (RiSC), which is held several times each year in RHACA. The course is for

rural hospital teams (including Ashburton Hospital), with health professionals participating from throughout New Zealand. Each team consists of three to five people: rural hospital nursing and medical staff, rural general practitioners and at times paramedics, who come to Ashburton to learn on the simulation models kindly donated by Ashburton brothers, Bob and Alan Johnston. In particular, the teams focus on working together in emergency medical situations using highly realistic simulated scenarios and workshops.

The Clinical Lecturer role also focuses on nursing research, as nursing in the rural environment is quite different from working within city hospitals and practices where there is usually greater collegial and clinical support, and easier access to diagnostic equipment and investigations.

Karly believes that "the more research undertaken about patient care in the rural environment, the better the nursing care for the patient."

We wish Karly well for her appointment and the work she is undertaking for patient care. +

our team

WELCOME



We welcome **Alister Argyle** as a new trustee on the Foundation's Board. Alister is the founder and Senior Partner of local lawyers

Argyle Welsh Finnigan, and is a Notary Public. He has wide experience in working with charities and is currently President of the Cancer Society of New Zealand and a member of the Executive of the Canterbury – West Coast Division of the Cancer Society. He also serves on various other Charitable Trusts. Alister comments that he has long admired the work of the Foundation and its focus on support for the community he loves and has lived in for most of his life.

We thank **Tim Silva** for his service as a Board trustee and welcome him to the Audit and Risk Committee.



We welcome to our office **Naneh Manoa** as our Office and Grants Administrator. Naneh, who has a Bachelor of E-commerce from

University of Auckland, has worked in recruitment, administration, and retail.

We welcome **Sarah Pickard** as our Finance



Secretary. Sarah has experience in public accounting and corporate finance after graduating with a Masters in Accountancy

and a Bachelor of Science in Business Administration in the United States.



We welcome back **Shona McGrath** after her biking accident last year. Shona is administering the Mackenzie Charitable Foundation Fund.

community

WINCHMORE DISTRICT SUPPORT

The Winchmore District has benefited from an Advance Ashburton grant of \$3,530 to upgrade the Winchmore Hall entrance.

The existing entrance ramp to the hall did not comply with requirements for disabled access and was very exposed to the weather. The Foundation was pleased to support this project which included a new ramp, canopy, and concrete mowing strip.

The Winchmore Fund was set up in 2020 with the primary purpose to support charitable purposes within and/or associated with the Winchmore District. The fund was established when the Winchmore Church burnt down and the Winchmore Methodist Church Committee sold the land, placing the funds with AACF to invest on their behalf. Through careful investment the fund has now grown to a size that allows for distributions. Mary



ABOVE Vicks with Winchmore Hall Committee members Bob Verrall (left) and Joe Butchard

Ross, the chair of Advance Ashburton, commented that she was very happy that Advance Ashburton was able to support this project through Winchmore's designated fund.

The Winchmore Hall is owned by the local community, unlike many district halls which are owned and maintained by the Ashburton District Council. The hall is used for community events such as quizzes, local ladies' dinners, the annual men's dinner, Christmas functions, farewells, and craft groups. It is the base

for the Winchmore Branch of the Rural Women NZ, the Tennis Club, and is available for private hire. The Ashburton District Council and Ashburton Lyndhurst Irrigation Ltd also use the hall for farm sector meetings.

Joe Butchard, Chair of the Winchmore Community Hall Society, and committee member Gerard Murphy thanked the Foundation. It is hoped the fund could be gradually increased with further donations to ensure the Winchmore district had a community asset in perpetuity. +

our donors

GIVING BACK

Jack Allan is a third-generation farmer from Ruapuna. Daughter and son-in-law, Jan and Grant Early, now farm the expanded family property and hope to give their family the same opportunity.

"Mid-Canterbury has been very good to me. I am grateful for the opportunities and support I have had in life, but recognise that others are not so fortunate," Jack says. So with his family provided for, he and his wife Helen wanted to give back to the community.

As a trustee of Advance Ashburton Community Foundation for six years, Jack saw the ongoing benefit of the Foundation where the capital is invested and the income distributed to worthy causes. The Board, made up of representatives from the legal, accountancy, community, and business fraternities as well as the Council, are all volunteers so trust funds are not



ABOVE Jack Allan

eroded by fees and costs. "It is a very talented Board and all are passionate about making a difference in our community," says Jack.

Jack and Helen set up The Allan Family Trust with the Foundation principally to assist with needs-based tertiary education scholarships, to assist with the provision of social housing and to promote tennis. "We are gradually growing the fund due to the astute management of the Foundation's Investment Committee and by utilising the tax rebates available for donations."

For over fifty years Jack has been heavily involved in both the playing and administration of tennis. Still playing and enjoying the game, Jack is pleased their trust fund will assist in maintaining the Tennis Centre and also provide for more people to participate in the game.

"It is important to note though that we are just one of the many farmers who are supporting the district through Advance Ashburton. Like the others it gives us great satisfaction in seeing our fund helping others now and in the future." +

our donors

TREE OF REMEMBRANCE FUNDS SUPPORT PALLIATIVE CARE IN THE ASHBURTON DISTRICT

For over 20 years, Altrusa Ashburton has held their annual Christmas Tree of Remembrance event, where, for a small donation, people can write messages of love to those they have lost or cannot be with over Christmas.

The idea was born from a chance encounter in a Dunedin mall when two club members came upon a Rotary fundraising project where people purchased a ball and hung it on a Christmas tree. This resonated with the members, who were themselves feeling a sense of loss at the time – Christmas is a season which can prove difficult for many as they grieve the loss of partners, family, or friends, or feel isolated from family who may live in another part of New Zealand or the world.

The club's aim in running this event is to raise funds for palliative care services in the Ashburton District. Last Christmas Altrusa raised \$1800 with their Tree of Remembrance, and the club has chosen



ABOVE Denise Hydes, Altrusa President, left, receives the donation receipt from Vicks Johnson

to donate it to the Ashburton Palliative Care Fund, under the auspices of Advance Ashburton Community Foundation. Such funds are used to benefit those who have received a palliative diagnosis in the Ashburton district.

Thank you to Altrusa Ashburton for choosing to donate to Advance Ashburton and to everyone who supported the 2021 Tree of Remembrance by leaving messages of love. +

Advance Ashburton Community Foundation welcomes donations of any amount from groups and individuals.

We have made it easy to choose a cause to support by having not only a General Fund, but also several special purpose funds including Hospital and Health, Education, Arts, Heritage, Environment, Hearing Association and The Ashburton Palliative Care Fund.

If donors give \$50,000 or more, they can establish a fund within the Foundation, with the donors' chosen name and specified charitable purpose.

youth

COUNSELLOR FOR CHERTSEY SCHOOL

Chertsey School has taken a very pro-active approach to the well-being of its students. While it is a small rural school of just 31 pupils from Years 1-6, it has a number of special needs students who benefit from increased support.

Recognising this, the school employed counsellor Anna Arrowsmith to work with individual students, their families and the

school to provide individual sessions to meet the students' needs.

Advance Ashburton through the Tindall Foundation is delighted to contribute \$6,000 to enable this valuable initiative to continue. Sarah Coard, the principal, is clear about the need for this counselling: "We see in the classroom and playground the need for these students and others to have individual coaching around emotions and someone to talk to."

Anna sees up to six students during each fortnightly visit. These students are identified by teachers or families and Anna tailors her sessions to meet the individual needs of each child.

The focus is on teaching students how to identify and manage their emotions. It provides an opportunity for students to talk but also to learn how to express themselves in a range of situations. There is also an emphasis on encouraging a positive mindset – seeing the good in themselves and others.

Goals are set and strategies developed, with progress regularly reported back to the school and the family. When goals are reached, a celebration is held to recognise the achievement of the student. Principal Sarah Coard is delighted with the results: "The benefit of these sessions is seen in the classroom and at home." +

our scholarships

2022 SCHOLARSHIPS

Thirty-two scholarships valued at just under \$90,000 have been awarded, thanks to the kindness of local people.

Generous benefactors in our community have donated funds to the Foundation which have been invested. The income from these investments is then used for causes supported by each donor such as these scholarships. This year scholarships were awarded for tertiary education, health sciences, personal development, and trade training.

One special scholarship is the Neil Sinclair Memorial Scholarship which was awarded to Kathryn Page. Kathryn is completing a Graduate Diploma in Science Technology majoring in Psychology and will follow this with a Master of Science Psychology with endorsement in Health Psychology at Ara. Kathryn is a qualified nurse and has worked in many emergency departments in rural and remote areas of Australia, has been a medic in the NZ Airforce and a nurse at Ashburton Hospital. Community-wise she has been involved in a Habitat for Humanity building project in Fiji and worked on the Medic Ship in Papua New Guinea. She loves the outdoors and is a passionate trail runner. Her greatest personal achievement to date is raising her 6-year-old daughter. With the life experiences that Kathryn has had and the continuing education she is undertaking, we know that Kathryn will contribute greatly to her chosen profession on completion of her studies. We are delighted to be able to assist people from our district achieve their goals.



ABOVE LEFT Jeanette Sinclair with recipient Kathryn Page. ABOVE RIGHT Kaylib Gorrie (left) and Tiipene Philip accept their award from Sir Graeme Harrison, a member of the selection panel



AACF SCHOLARSHIPS 2022

The Alister Smyth Scholarship: Roslyn Cuter, Georgia Harvey, Harrison Mckee

The Gwyneth and Barry Parsons Scholarship: Isaac Langley, Thomas Schmack, Rosemary Taggart

The Johnston Brothers Scholarship: Gemma Taylor, Artem Kravchenko

The Ian Glassey Memorial Scholarship: Ella Yeatman, Sophie Bonnington, Samantha Fitzgerald

The Evan and Heather Glass Scholarship: Penina Vaaelua

The Graham Gunn Scholarship: Erin Connelly-Whyte

The Tinwald Club Scholarship: Josh Jones, Glen McClea

The Ashburton Plains Rotary Club Industry Training: Kyle Proffitt

The Ashburton Jaycees Scholarship Personal Development: Penny Costello, Jamie Smitheram

The Ashburton Jaycees Scholarship Industry Training: Nicholas Ross, Vernon Roux, Amber Rose, Erin Watson, Isileli Ula, James Smith, George Seque, Kaden Forrester

The UFS Scholarship Health Science: Simon Aitken-Wheeler, Aleisha Miller, Kate O'Reilly, Ruby Goodes, Bianca Birchler-Stockdill

The Neil Sinclair Memorial Scholarship: Kathryn Page

2021 LEADERS' SCHOLARSHIP

In December, the winners of the Advance Ashburton Leaders' Scholarship for 2021 were announced: Tiipene Philip and Kaylib Gorrie.

Chair of the Foundation, Mary Ross, said the calibre of the applications was so high that a joint award was made. A member of the selection committee, Sir Graeme Harrison, was impressed with both successful applicants and he contributed to the award, to a total of \$15,000.

This scholarship is to enhance the leadership skills of outstanding Mid Cantabrians, to enable them to grow their leadership skills and enhance their capability of helping create a better Ashburton district.

Both winners of this year's award were humbled by the award and reaffirmed their ambition to help and support our district through their leadership roles.

Tiipene, a warden and trustee at the Hakatere Marae and Kahui Across School teacher at Ashburton College, will use the scholarship to help improve capacity and leadership for Māori services provided on a volunteer basis for people of all ethnicities in the district.

Kaylib, Deputy Principal at Mt Hutt College, will complete his Master of Educational Leadership at Canterbury University, and develop his Wellbeing Tool which is currently on trial at the College. +

WANT TO MAKE A DIFFERENCE?

Do you want to give back to your community? Are there charities and causes that are especially important to you? Through Advance Ashburton you can support causes that are close to home, and close to your heart.

Advance Ashburton is driven by local generosity and the wishes of the donors to create a better future for our district. All donations are invested, and the income earned supports the local causes you care about, year on year.

If you are interested in looking at ways you can make a difference in Mid-Canterbury, please contact us on 03 307 5902, 021 395 406 or email info@advanceashburton.org.nz