



# Advance Ashburton Community Foundation



NEWSLETTER | ISSUE 02 2018

We distributed \$765,855 to the community in the 2018 financial year. In total, \$3,678,650 has been distributed to our community since 2003.



## 24-7 YOUTH WORK

Building relationships, through friendship and trust, is the key to successful youth work and here in Ashburton we are very lucky to have a group of passionate youth workers at both Ashburton Intermediate School and Ashburton College.

From beginnings 20 years ago, 24-7 Youth Work has grown to be a nationwide organisation that is based on a relationship of trust between local churches and schools and has been running in Ashburton since 2016. Our four local youth workers each work an average of 10 hours a week, spending their time with students in the playground, in class, and supporting other school activities and events.

Sadly, we keep hearing that NZ has high rates of youth suicide and mental health issues such as depression and anxiety. 24-7 Youth Work believe that young New Zealanders need more time, more listening and more encouragement. Team

leader, Lisa Anderson says, “This requires an approach based on relationships, not programmes and this is what our youth workers are offering”.

The youth workers help the school and staff by giving students extra support, providing time and relationships at a very influential age. They engage not only with troubled kids, but with all young people at the schools, supporting them to help deal with their issues.

The passion of our youth workers to help individuals is inspiring, and the stories they share give a real sense of the difference they are making to the students in our community.

Ashburton Intermediate Principal, Brent Gray says, “It’s about building a rapport

and working collaboratively to help both our youth and our community”.

*The funding of the work of 24-7 is proudly supported by the Ian Glassey Memorial Fund administered by Advance Ashburton. If you are interested in supporting youth work in our community, please contact Sandi Wood at Advance Ashburton on 027 577 5875. +*

**IMAGES LEFT** Cornelius at work at Ashburton Intermediate. **MIDDLE** Our four youth workers Brad, Cornelius, Jono and Ruby, are passionate about helping young people in our community. **RIGHT** Cornelius enjoys getting the children out into the outdoors.



Anne Stercq, from Seabrook McKenzie, in Ashburton

## EXPERT HELP FOR CHILDREN WITH LEARNING DIFFICULTIES

Children in the Ashburton district with undiagnosed learning disabilities such as dyslexia, are benefiting from a new Advance Ashburton initiative thanks to the generosity of a local couple.

The financial barrier to obtaining an assessment has been removed now that an outreach branch of the Seabrook McKenzie Centre for Specific Learning Disabilities has opened in Ashburton. This service is offering assessments to students referred by their school principal with the fee being covered by Advance Ashburton upon the application being approved by the Mid Canterbury Principals Association.

Thanks to the generosity of a local family, who have their own close connection to dyslexia, the programme was able to be initiated in May this year. This service provides a two-tiered learning disability

assessment by a specialist who determines if the student may need tutoring, language or occupational therapy, or glasses.

It is estimated that ten percent of children have a specific learning disability, but professional assessments can cost up to \$500 each. Since the initiative commenced a significant number of children have already been assessed.

The Centre's Trustee Eleanor Marr said, "It will make a huge difference for these children."

*If you would like to know more on how you can support this initiative, please contact Sandi Wood on 027 5775875. +*

## SIMBABY

Introducing the newest member of the Sim family. Due to the generosity of Bob and Alan Johnston, we were able to purchase the baby simulator mannequin to add to the SimMan and SimJunior mannequins that are in use for our rural health teams at Ashburton Hospital.



## COMMUNITY SUPPORT FOR RURAL HEALTH

A warm and friendly smile, as well as over 10 years' experience working in the health sector, are an ideal combination to being a successful Community Connector and Practice Support Navigator.

Julie McDonald, a registered social worker, has been in the CC/PSN role since April this year. Thanks to the generosity of the late Ian Glassey and the Foundation's Health and Hospital Fund, Julie is able to

offer a free, mobile service for distressed and isolated rural patients. She also provides an important link amongst community groups, social networks and other agencies.

Appropriate and sustainable health services are at the heart of a thriving community and through this CC/PSN role all Mid Cantabrians can be made aware and have access to the health support they need.

"Primarily it's about linking patients with services available in our community. Where there are broader social issues, such as poverty or family violence, for example, we give wrap-around support to ensure the best outcome for the patient," says Julie. +



Julie McDonald



## IT'S THE TUTORS THAT MAKE THE BOOST READING PROGRAMME WORK

We want to say a huge "Thank You" to the 41 tutors who make a huge difference to the reading abilities of our young children in Mid Canterbury. Every week during the term these tutors deliver the BOOST reading programme to 7 and 8-year-olds.

## BUDGETING ADVISORY CONTINUES

For nearly twenty-five years, the Ashburton Budget Advisory Service has helped thousands of people with budgeting advice and education.

The service was wound up in late 2016, and its accumulated funds were transferred to Advance Ashburton Community Foundation where a named fund was created.

Income from this fund is now available to support the budget advisory services provided by Presbyterian Support in the Ashburton District.

Su Hutchison, Services Manager for Presbyterian Support in Ashburton, reports that money worries can drag people down and can often link in with feelings of anxiety and depression. However, if time is put into organising finances, this can have a long-term benefit to many aspects of people's lives.

The Budget Advisory Service offers one-on-one sessions with a trained financial

mentor, who assists individuals, couples or families experiencing financial hardship to develop a day-to-day and longer-term plan. In Ashburton there is one full time, one part-time, and four volunteer financial mentors.

***This free service is located at the Trevor Wilson Centre, Presbyterian Support, at 215 Tancred Street Ashburton. Phone 308 5868. +***

## UNLOCK YOUR WELLBEING

In June 2016, the greater Canterbury Community Response Forum together with the Ashburton mayor released the Ashburton Community Report.

This report highlighted key social issues, needs, gaps in services and opportunities for further action in our district. From this report the Hauora plan was developed to improve wellbeing in the Ashburton community.

From collaboration of community groups with government agencies and non-government organisations, it is hoped to bring about large scale social change from better cross-sector coordination rather than isolated interventions of individual organisations. There are three priority social and wellbeing areas for the district: safety,



LEFT David Cairns and Dr Sue Bagshaw.

connectedness, and health and wellbeing. The Health and Wellbeing workstream of the Hauora Ashburton District Plan is contributing to youth wellbeing resiliency promotion and awareness with the provision of a free workshop, which coincides with Mental Health Awareness week. The theme is "Youth Wellbeing and Resiliency".

Key note speakers include Dr Sue Bagshaw from the Christchurch 298 Youth Health

Services, and David Cairns, co-ordinator for Pegasus Health – both of whom have vast experience in youth mental health and the issues faced.

***Thanks to the generosity of donors to Advance Ashburton this evening session is open for anyone wishing to attend at no cost. It will be held at the Events Centre on October 17th, 2018. Register for this event at [www.eventbrite.co.nz](http://www.eventbrite.co.nz) +***



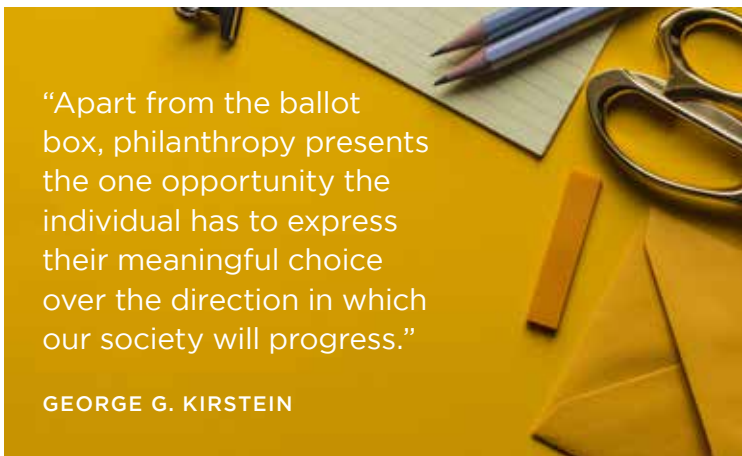
## HELIPAD

Christchurch Hospital is New Zealand's busiest trauma centre but remains the only major hospital without a rooftop helipad. Currently seriously ill patients land in Hagley Park. It then takes on average thirteen minutes to transfer the patient to the hospital.

Approximately 150 Mid-Canterbury patients are transferred from within Mid-Canterbury to Christchurch Hospital every year.

The rooftop helipad will provide a much quicker transition to full patient care and reduce patient stress. To achieve the best outcome for the patient "time is a critical factor we have control over and can reduce", says Dr David Bowie, an Intensive Care specialist and the Clinical Director of the Air Retrieval Service.

This future-proofed helipad will have a significant positive benefit for our district. Advance Ashburton was pleased to donate \$50,000 from the Ashburton Health and Hospital Fund to the Māia Health Foundation, contributing towards the \$2.2m total to be raised by end of 2018. ✦



"Apart from the ballot box, philanthropy presents the one opportunity the individual has to express their meaningful choice over the direction in which our society will progress."

GEORGE G. KIRSTEIN

## KEEN TO KNOW MORE ABOUT THE WORK OF ADVANCE ASHBURTON?

We all have a role to play in the prosperity of our region. To find out more on how you can make a difference to the causes you are passionate about please call Sandi Wood on 027 577 5875 to arrange an appointment.



Dr Lucy Hone



Hollie Woodhouse



SimBaby

## COME AND HELP US CELEBRATE!

Put November 8 in your diary. Advance Ashburton is proud to bring inspirational speakers with impassioned personal messages to help celebrate another year of work in our community.

Our keynote speaker is Dr Lucy Hone who will talk about resilience after the loss of her daughter Abi as well as her work in academia on this important subject. Everyone will be inspired by our Outward Bound scholarship winner, Hollie Woodhouse, as she takes us with her on her latest adventure – crossing Greenland on foot pulling a 60kg sled. The evening will also feature Hayden Kuyf, SimBaby and the Ashburton College Kapa Haka.

**Thursday 8 November at 5:30pm at the Ashburton Trust Event Centre. Seats are limited so please RSVP to Sandi Wood on 027 5775875 or email [info@advanceashburton.org.nz](mailto:info@advanceashburton.org.nz) ✦**



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Just send an email to Fiona at [grants@advanceashburton.org.nz](mailto:grants@advanceashburton.org.nz) and we will add you to the email list.

We promise not to overload your inbox with emails – however you will get advance notice of events and news.